

Sundays are for Families too

Why not come along to one of our Sunday services?

@10.30 am Family – oriented service, including:

Creche – age 0-4

Groups for children & teens

@6:30 pm Evening service

Refreshments (free) are available after the service

Baby-changing facilities are always available.

Plus...

Look out for Special events at:

Christmas

Easter

Holiday Club (for school-age children & teens) in the summer holidays

How to find us...



Worthing Tabernacle
64 Chapel Road
Worthing
BN11 1BN



WORTHING
TABERNACLE

www.worthingtab.org.uk

Preschool Toddler Group

CAMEO



Wednesdays, Termtime,
10:15-11:45

@ Worthing Tabernacle
Chapel Road, BN11 1BN

(opposite Town Hall)
(see map on reverse)

What is CAMEO?

- A friendly, welcoming toddler group for mums, dads, grandparents, childminders and other carers.
- For preschool children right from birth.
- For the kids: toys for all ages, craft, singing, stories, books, drink & a snack.
- For the adults: a chance to chat and make friends, find a friendly face, and sit down with a cup of tea or coffee & a biscuit.
- We don't charge you to come!
- We operate a safeguarding policy.

What is CAMEO like?

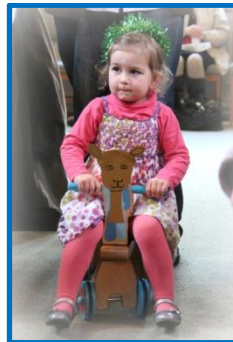
We love kids and want you and your kids to have fun, refreshment, and make friends. Whether you're a parent, carer, grandparent, or childminder, you can come & have a chat and a coffee while your little ones enjoy playing, craft, & singing.

We want CAMEO to be a friendly & welcoming group, and a safe place to be. It's a hard job, bringing up & caring for children, and we know it! We hope that coming here is a help in itself, and would love to help in any other way we can, whether that's being a listening ear, or helping with life's struggles. We also pray every week before CAMEO for the group, so if you would like anything specifically prayed for, please ask any of us.

Who we are... Why we do CAMEO...

As Christians, we've been adopted into God's family (the church) and Family is therefore really important to us. We think you will see that at CAMEO in the way we value everyone who comes – young and old.

We've been brought into God's family through Jesus, God's Son. We will share simple stories about Jesus and watch short DVD clips aimed at pre-schoolers. Our crafts often tie in with the story too. We also have special party events at Christmas & Easter, and a Nativity at Christmas- see the lovely pics below!



Should I come today?

We would love you to come and see what CAMEO is like! If you or your child is shy, then come for a short while. We are flexible and will do what we can to help you and your child settle.

Please don't come if your child has an infectious illness, especially if they have been sick or had diarrhoea in the past day or two.

Parenting – it's difficult!

Looking after kids is a full-on task, and one that seems to never end. It often is literally 24 hours a day, and it can be hard in so many ways – from the sheer exhaustion, to feeling low or anxious, or not knowing how to deal with specific issues. Children don't come with instruction manuals, and every new stage brings new challenges.

Support often comes from our families, but many of us don't have relatives close by and able to help. Sharing your anxieties and problems can be a great help.

There are many times of fun and joy to be shared, too! Through all the ups and downs, bringing up kids is a privilege and rewarding. We hope to be able to help you see through the difficulties and to enjoy your kids.

As we've said before, we love families, and we want to help you to love your kids! The bible has lots to say about parenting. Please ask if you'd like to know more.